Learn how to make smarter surgery decisions.

In addition to your comprehensive health benefits, Blue Shield of California is happy to offer Health Savings Plan (HSP) members access to Welvie – an online program that helps you decide on, prepare for and recover from surgery. And it’s available to plan members at no additional cost.

Welvie guides you through the entire surgery decision-making process. The program helps you:

• Work with your doctor to understand your treatment options, both surgical and non-surgical

• Understand how to evaluate the risks and benefits of all your treatment options

• Prepare for and recover from a surgical procedure to help reduce the chance of complications and errors and ensure a better outcome

We encourage you to register online and use the program. Just visit www.welvie.com, select I’m ready to log in and then click the register now button. When you complete the first three steps of the program, you’ll receive a $25 amazon.com gift card (one gift card per member per year).

Even if you are not considering surgery right now, be sure to check out Welvie anyway. So if you are faced with making a surgery decision, you’ll be prepared.

You can find more details about the program in the enclosed flyer.