If you have trouble hearing, you’re not alone—millions of Americans young and old currently live with some type of hearing loss. If you think you’re not hearing as well as you used to, now is the time to find out.

Educate yourself about how to get your hearing checked, find out what causes hearing loss and how you can help prevent it, and learn about different hearing exams and tests.

Better hearing can help boost your confidence, improve your relationships, and keep you living life to its fullest.

Go to kp.org/hearing for resources and information.

Click to visit kp.org/hearing

Kaiser Permanente health plans around the country:
- Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii
- Kaiser Foundation Health Plan of Colorado
- Kaiser Foundation Health Plan of Ohio
- Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, (404) 364-7000
- Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., 2101 E. Jefferson St., Rockville, MD 20852
- Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232