

THE UC Irvine and UCLA EMERITI/RETIRES CENTERs PRESENT

**DE-CLUTTERING:
CREATING A CLEAR PATH**
**Eliminate the Clutter From Your Home,
Your Office and Your Life**



Is your home or office filled with clutter that just won't go away? Have you gotten used to life among the rubble? Take charge of the mess in your home and/or office once and for all. With the help of various fun and easy techniques, you will learn how to turn your chaos into an organized and clutter-free expression of the person you are inside. De-cluttering your surroundings will help relieve stress and tension that may be keeping you from living the life you want and deserve.

INSTRUCTOR

Regina Lark has been clearing clutter all her life. Regina is owner and lead



organizer of *A Clear Path*, a company of professional organizers based in Southern California.

WORKSHOP

Monday, June 29, 10 a.m. — noon

Ayres Hotel 24341 El Toro Road, Laguna Woods 92637

RSVP by email to retirees@uci.edu or calling 949-824-7769 no later than June 22.

Light refreshments will be served.

