Expecting Parents Workshop

Human Resources, Benefits





OVERVIEW

Types of Leaves:

- Pregnancy Disability Leave (PDL)
- Family Medical Leave Act (FMLA)
- California Family Rights Act (CFRA)
- Personal

Pay Options While on Leave Insurance Benefits While on Leave Filing for Disability & Next Steps Resources Q & A

PREGNANCY DISABILITY LEAVE (PDL)

- Period of time when considered medically disabled due to pregnancy
- Generally, begins 2 weeks before birth and ends 6 weeks after birth (8 weeks for C-Section)
- Up to 4 months (based on medical certification)
- Unpaid leave; provides job protection
- Provides for continuation of UC employer paid contributions (medical, dental & vision)



FAMILY AND MEDICAL LEAVE ACT (FMLA)

- Provides up to 12 weeks unpaid leave per calendar year for:
 - Employees serious health condition (inc. pregnancy)
 - Care for a child after birth, or after placement for adoption or foster care
 - Care for a family member with a serious health condition
- Eligibility requirements: employed 12 months and have worked 1,250 hours during the 12 months prior to leave
- Unpaid leave; provides job protection
- Provides for continuation of UC employer paid contributions (medical, dental & vision)



CALIFORNIA FAMILY RIGHTS ACT (CFRA)

- Eligibility requirements are the same as FMLA
- Provides up to 12 weeks of leave
 - Typically begins after PDL ends
- Parental Bonding to bond with new child
 - Must be taken within 12 months of birth/placement
 - Must be taken in at least two-week increments
 - May take leave of less than two-week duration on two occasions
- Unpaid leave; provides job protection
- Provides for continuation of UC employer paid contributions (medical, dental & vision)

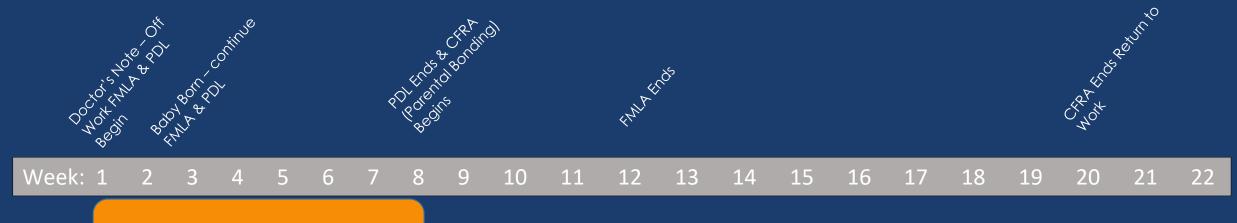
PERSONAL LEAVE

- At the discretion of your department to approve or deny
- Unpaid leave (may use vacation if applicable)
- Subject to full-premiums (UC Employer and Employee Costs) for benefits



Some Leave Entitlements Run Concurrently

Pregnancy Disability Timeline How do FMLA, CFRA, and PDL Interact?



PDL

FMLA

CFRA (Parental Bonding)

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Pregnancy Disability Timeline How do FMLA, CFRA, and PDL Interact?



FMLA

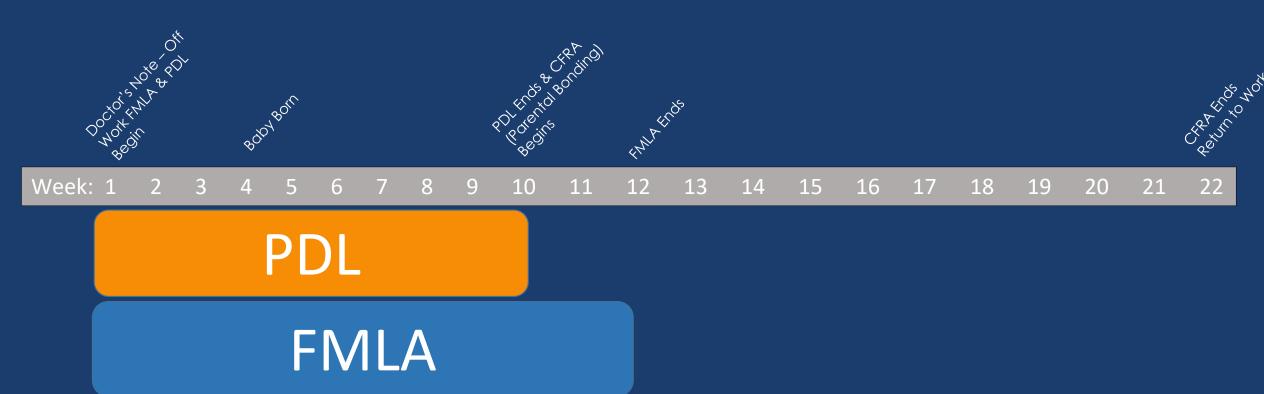
CFRA (Parental Bonding)

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Pregnancy Disability Timeline How do FMLA, CFRA, and PDL Interact?



CFRA (Parental Bonding)

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Leave Time vs. Pay While on Leave





PAY OPTIONS DURING PERIOD OF DISABILITY

Disability claim benefits from Lincoln Financial Group (if enrolled)

- Basic Short-Term Disability (University Paid)
 - 14 day wait period
 - 55% of salary, up to \$800/month maximum, up to 6 months
- Voluntary Short-Term Disability Plan (Employee Paid)
 - 14 day waiting period
 - 60% of salary, up to \$15,000/month maximum, up to 6 months

Sick Leave Usage under LFG Disability

- Required to use accrued sick leave up to 22 working days, equivalent to 176 hours (F/T), if available
- Additional use of hours is optional

Vacation/PTO usage (Optional)

- Requires department approval
- Can be used for waiting period if sick time is exhausted

State Disability Insurance (SDI) – May be applicable if employed at UC less than 18 months or has a second job.

Unpaid Leave



PAY OPTIONS DURING PARENTAL BONDING

Vacation/PTO accruals can be used as income replacement

Up to 30 days of sick leave can be used for Parental Bonding after PDL ends (Only applies to HX, PPSM)

UC Pay for Family Care and Bonding (PFCB)

Unpaid Leave





UC PAY FOR FAMILY CARE & BONDING (PFCB)

PFCB may be an option when employees are taking Family Medical Leave (FML) for the following four reasons:

- To care for a family member with a serious health condition (FMLA/CFRA)
- For Parental Bonding Leave (i.e. Baby Bonding Leave) (FMLA/CFRA)
- For Military Caregiver Leave (FMLA)
- For Qualifying Exigency Leave (FMLA/CFRA)

PFCB is NOT an option when FML is taken for:

- Employee's own serious health condition (FMLA/CFRA)
- Employee's pregnancy disability (FMLA/PDLL)



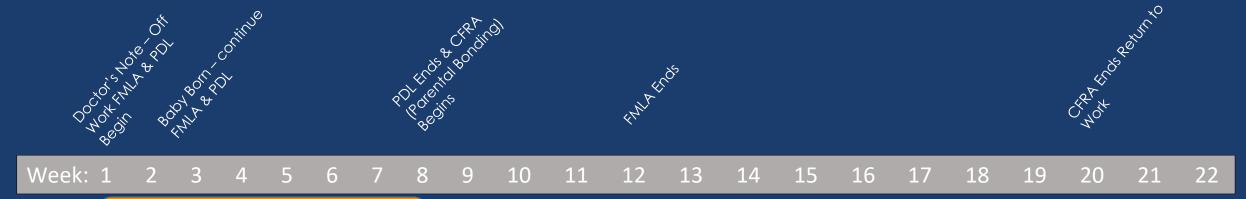


UC PAY FOR FAMILY CARE & BONDING (PFCB)

- Must qualify for FMLA/CFRA in order to be eligible for PFCB
- Must be used in increments of at least 1 workweek
 - For Parental Bonding, must be taken in increments of at least 2 weeks (except on 2 occasions)
- If eligible, may opt to receive 100% of eligible earnings during certain approved Family and Medical Leaves (FML). (100% is as of 1/1/2023, was previously 70%)*
- Up to 8 workweeks per calendar year
- If employee elects PFCB, they must continue to use PFCB until they,
 - exhaust full 8 work weeks of PFCB for the calendar year, or
 - the qualifying FML ends
- Considered taxable income. Normal deductions are taken
- * Subject to collective bargaining where applicable



Pregnancy Disability Timeline How do FMLA, CFRA, and PDL Interact?



PDL – Pay Options (Sick, Vacation/PTO, LFG Disability)

FMLA

CFRA (Parental Bonding) – Pay Options
(Vacation/PTO, PFCB)

*up to 30 days sick for HX & PPSM

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BENEFITS WHILE ON LEAVE

While on leave with pay and receiving regular paychecks (i.e. using sick/vac/pto) normal deductions will occur

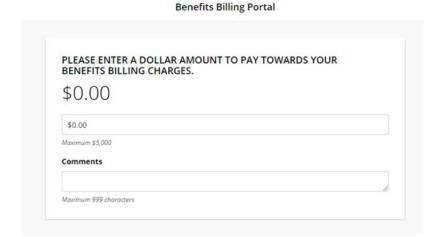
While on leave without pay

- During leave entitlements (FMLA/CFRA/PDL) UC contributions for medical, dental, and vision continue
- You are responsible for any normal employee costs (i.e. employee portion of medical, legal, life and AD&D)
- Voluntary Short-Term and Voluntary Long-Term Disability is waived while on leave
- Option to cancel plan(s) during leave, reenroll within 31 days of return to pay status/work
- Payments are made via UCPath Benefits Billing Portal

UCPATH BENEFITS BILLING

- Will be enrolled in Benefit Billing with UCPath
- Monthly bills sent from UCPath (note: disability insurance premium waived while on disability leave)
- Payments can be submitted online via the <u>UC Path Benefits Billing Portal</u> (faster processing) or mailing a check





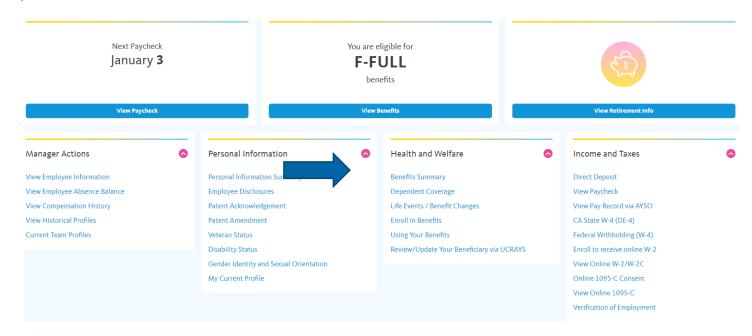




ENROLLING NEW CHILD TO INSURANCE

Complete enrollment within 31 days of birth

Enroll by selecting Employee Actions >Health and Welfare>Life Events / Benefit Changes in UCPath



Verify eligibility with UnifyHR – mailing will be sent to your home address





FLEXIBLE SPENDING ACCOUNTS (FSAs)

Dependent Care - Max (\$5,000/yr.)

- Allows you to pay for eligible dependent care expenses on a pre-tax, salary reduction basis
- Must have a Tax ID #

Health Flexible Spending Account - Max (\$2,750/yr.)

• Allows you to pay on a pre-tax, salary reduction basis, for eligible health care expenses not covered by your medical, dental or vision plans like co-payments, prescriptions, breastfeeding supplies (new), etc.

Can enroll or re-enroll upon return to work/pay status. Refer to Plan summaries on UCnet for more details.

Plans administered by Discovery Benefits/WEX 844-561-1338



NEXT STEPS

At least 30 days prior to leave, notify your Department Contact/Supervisor and Leaves Analyst of your anticipated leave of absence start and end dates

 Discuss leave timeline, use of accruals with department contact & Leaves Analyst

Staff Employees:

- Contact Sedgwick to request leave information and forms: https://hr.uci.edu/sedgwick
- Review eligibility packet and forms from Sedgwick and provide requested medical certification/information

File your disability claim online – about 2 weeks prior to your leave with Lincoln Financial Group (LFG)

REMINDERS DURING YOUR LEAVE

- Notify Lincoln Financial, department contact & Leaves Analyst of baby's birth or any changes to your disability or leave dates
- Enroll new child to benefits on UCPath within 31 days of birth
- Make payment(s) to UCPath Center to continue benefits

RETURNING TO WORK

Confirm your anticipated return date with your supervisor/department

Notify Human Resources Leaves Analyst when back on pay status and of your anticipated return to work date

Re-enroll in any cancelled benefits

Re-activate parking & other payroll deductions

Review first few paychecks to confirm proper benefit plan enrollments & notify

UCPath of any errors





RESOURCES

UCI HR Wellness:

- <u>UCI Human Resources | Wellness</u>
- UCI Families Lactation
 - Lactation Rooms at Campus and Health
 - Registration for access to Douglas Hospital (Medical Center) Lactation Spaces

Employee Assistance Program (EAP)

Your Guide to UC Disability Benefits

Pregnancy, Newborn Child and Adopted Child Factsheet



CONTACTS

Employee Experience Center (UCI HR)

https://eec.hr.uci.edu
(949) 824-0500

UCPath Center
https://ucpath.universityofcalifornia.edu
(855) 982-7284

Lincoln Financial Group (LFG) (800) 838-4461

California State Disability/Paid Family Leave edd.ca.gov (800) 480-3287

Sedgwick

https://hr.uci.edu/sedgwick (855) 922-2152





QUESTIONS