

Introduction to Change Management

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UCI HR | Partnership



Who Am I?



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24.8 years at UC Irvine

Arts, Social Ecology, University Advancement

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Agenda

Part One (today)

- Introduction
- What is Change?
- What is Change Management?
- Moving Through Change
- Sponsors, Leaders, People
- Communication
- Tools in Three Parts
- "Homework"

Part Two (next week 6/10)

- Previously on...
- Tools Wrap Up
- Did the Dog Eat Your Homework?
- Additional Tips Along the Way
- Wrap it Up!



Ground Rules/Mutual Understanding

Help Create a Collaborative and Safe Environment

- Open and supportive
- No right or wrong answers in discussions

Take Charge of Your Learning Experience

- Be fully present and minimize distractions
- Ask questions, share opinions, participate in discussions

Cameras

- On is better (so I can see if you're laughing at my jokes); off if needed
- Cats, dogs, kids, houseplants, backyard chickens, and other household members are welcome

Eating/Drinking

Yes!



Learning Outcomes

- Define what change management is
- Describe why change management is important
- Give examples of well-executed and poorlyexecuted change efforts
- Articulate the most important aspects of change management
- Create a basic change management plan using the change management tools



What is Change?



Transition State

Future State



When It's Time to Change...



Change can be disruptive and upsetting to people

- The weather forecast was wrong!
- There's construction on University Drive!
- UCPath
- ACHIEVE





When It's Time to Change Goes BIG

Big changes can be very disruptive and upsetting to people

- March 2020: Work from Home
 - Unexpected
 - Compounding changes
 - Uncertainty
- Future of Work
 - New workforce configurations
 - Returning onsite
 - Hybrid

STATUS: CAMPUS ACCESS LIMITED TO ESSENTIAL INDIVIDUALS ONLY. GOVERNOR'S "STAY AT HOME" EXECUTIVE ORDER IN EFFECT.





Who Makes Change Happen?

- "... organizations don't change, people do."
 - -- Tim Creasey, Chief Innovation Officer, Prosci
- Motion Activated Lights Block



Automatic flushing toilets





- New Database
- New Bins for Recycling, Landfill, Compost



Change is Hard

"Life is what you make it."

-- My Mom



Do

- Acknowledge that change can be disruptive and upsetting
- Understand that successful change takes planning and thought - Change Management



Don't

- Set your project up for failure
- Use "change is hard" or "everyone hates change" to avoid planning and thought





Rituals of Change

Every culture has developed rituals to guide individuals and the community through change.

"A religious or solemn ceremony consisting of a series of actions performed according to a prescribed order."

- Baptism
- Baby Naming
- First Communion
- Bar/Bat Mitzvah
- Weddings
- Funerals
- Others?

What is Change Management?

Change Management is a systematic approach to preparing, communicating, supporting, and helping individuals and teams successfully implement change.



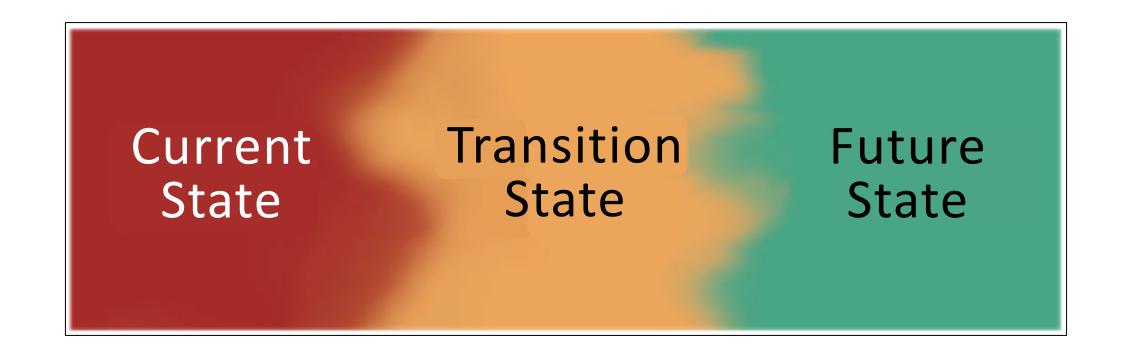
What is Change?

Current State Transition State

Future State

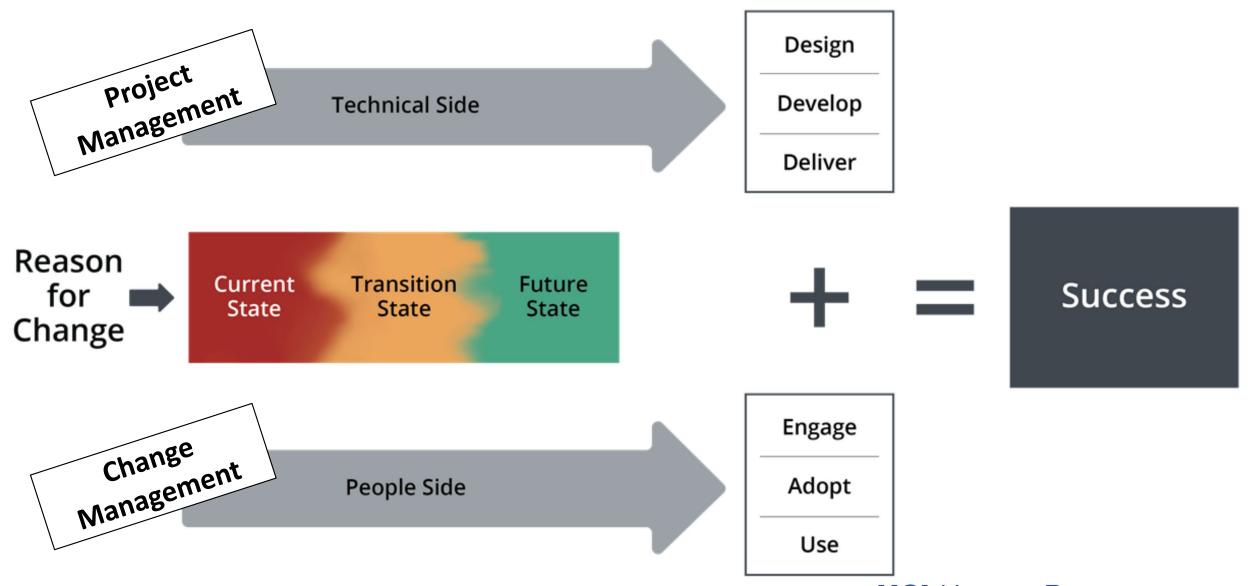


What is Change?





Where Does Change Management Fit?



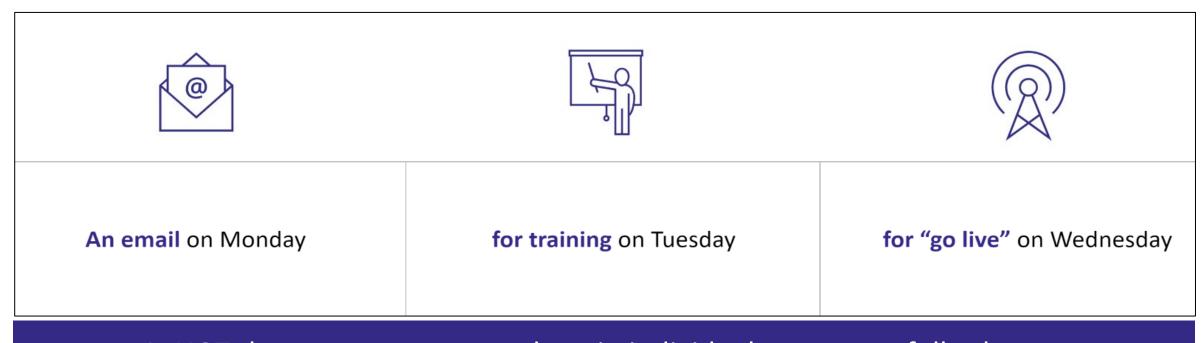
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Why is Change Management Important?

How Organizations Often Handle Change



Is NOT the way to prepare and equip individuals to successfully change







Why Is Change Management Important?

With Change Management



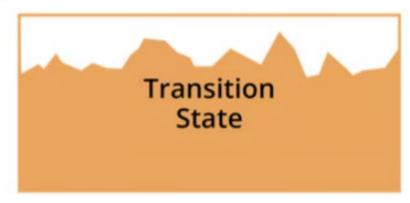
Transition State

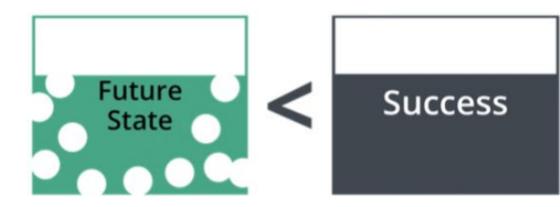


Success

Without Change Management

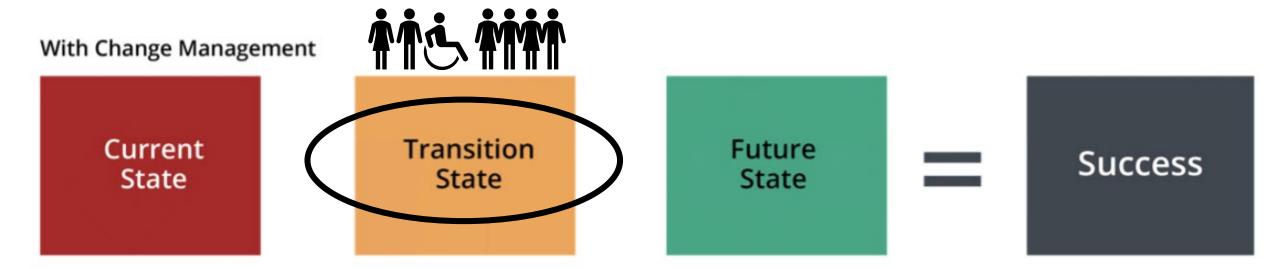






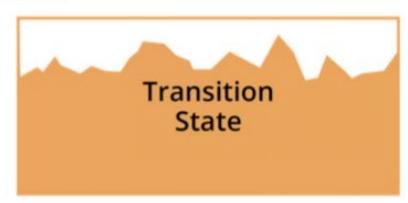


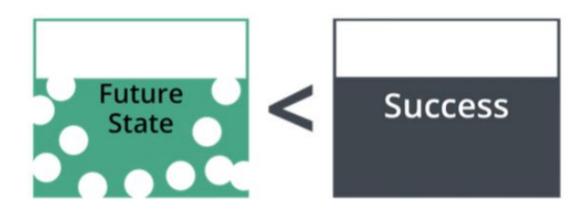
Why Is Change Management Important?



Without Change Management











With and Without Change Management

With Change Management







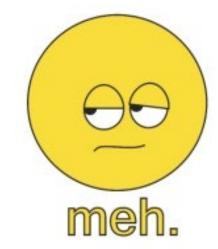


Without Change Management

Current State









Who Makes Change Happen?

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Automatic flushing toilets





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Questions?



Questions?





Take a Break







Where Were We?

With Change Management















Moving Through Change

Tools for Systematic Approach to Change





Change Management Leadership





- Analytical
- System Proficiency
- Business Acumen
- Experience/Education

Hard Skills

- Active Listener
- Politically Astute
- Emotional Quotient
- Trust Builder

Soft Skills "Why is it that soft skills are hard, and hard skills are easy?"

 Change Management leaders and facilitators must take care to balance and integrate their empathy with their technical know-how.

Transparency is the best approach.





Change Management Leadership





- Analytical
- System Proficiency
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Soft Skills "Why is it that soft skills are hard, and hard skills are easy?"

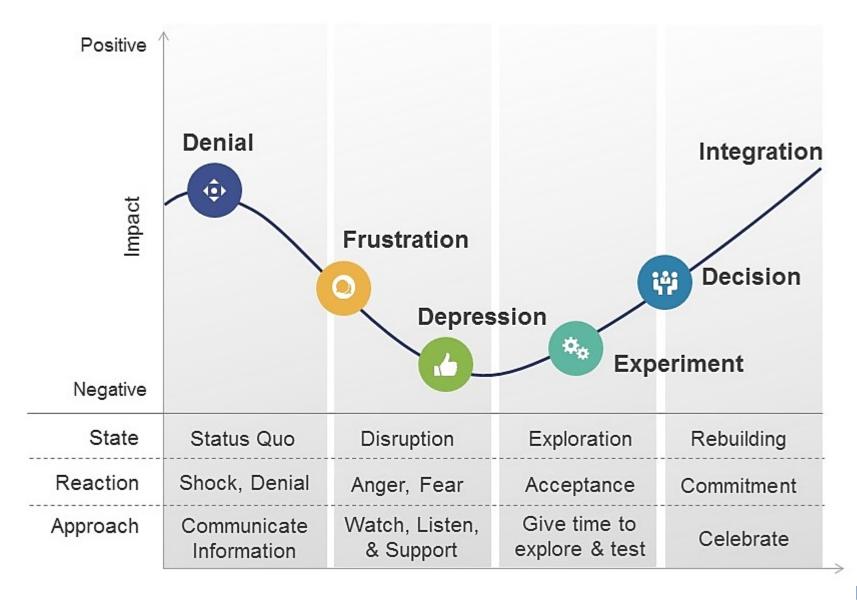
 Change Management leaders and facilitators must take care to balance and integrate their empathy with their technical know-how.

Transparency is the best approach.





Project Management Leadership



It is also critically important for leaders to know that projects will often get worse before they get better





Moving Through Change - ADKAR

Prosci Stages of Change (ADKAR)

Awareness

Desire

Knowledge

Ability

Reinforcement





Moving Through Change

Awareness

Desire

Knowledge

Ability

 \mathbf{R} einforcement





Moving Through Change - Awareness

Awareness

Did you hear? We're getting hoverboards!

Desire

Knowledge

Ability

Reinforcement





Moving Through Change - **Desire**

Awareness

Did you hear? We're getting hoverboards!

Desire

I can't wait!

Don't take my bike!

Knowledge

Ability

Reinforcement





Moving Through Change - Knowledge

Awareness

Did you hear? We're getting hoverboards!

Desire

I can't wait!

Don't take my bike!

Knowledge

How do I ride it?

I like my bike better

Ability

Reinforcement





Moving Through Change - Ability

Awareness

Did you hear? We're getting hoverboards!

Desire

I can't wait!

Don't take my bike!

Knowledge

How do I ride it?

I like my bike better

Ability

Hey, I'm doing It!

This is hard!

Reinforcement





Moving Through Change - Reinforcement

<u>A</u>wareness

Did you hear? We're getting hoverboards!

Desire

I can't wait!

Don't take my bike!

Knowledge

How do I ride it?

I like my bike better

Ability

Hey, I'm doing It!

This is hard!

Reinforcement

Bikes are SO out!

I still miss my bike

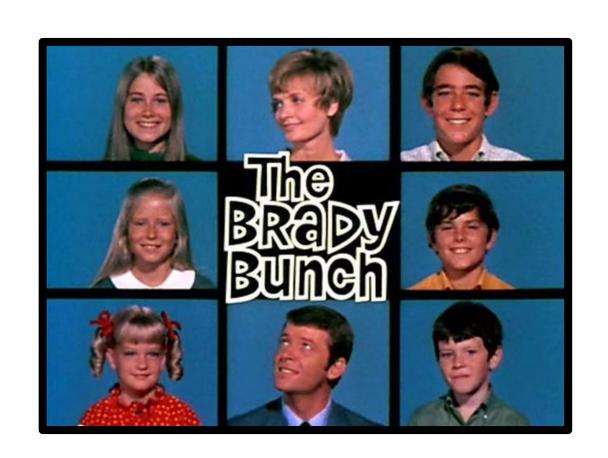




Here's the Story...

Breakouts

- Good change experiences
 - What made it good?
 - What went right?
- Bad change experiences
 - What did they miss?
 - What could have been better?
- Spokesperson to report back on one of the change experiences your group discussed (2 minutes)



Story Time...

Good Change Experiences

- Discussions, tap into each other's strengths
- Involve people in the decision-making
- Lots of communication to get buy-in for the change as it geared up
- Training that included multiple views of the interface
- Reinforcement of the WHY
- Asked for feedback
- Tried to get buy-in of stakeholders
- Good communications on the "how to" of a new system
- Lots of support and communication during hard/confusing time

Story Time...

Bad Change Experiences

- Unclear timelines
- No control for users, even for small changes
- Not having the right people in the initial discussions (ex. the users)
- Training that's too specific on a topic not appropriate for the attendees
- Information disseminated to all levels at the same time (leaders learning about a change at the same time as everyone else)

Common Themes

Involving users in the early discussions

Use strengths of the staff

Clear communications (the why and when)

Frequent communication: reinforce the Why (buy-in) and the When (timelines)

Ask for stakeholder feedback and then act on it (build this into the project)

Appropriate training for audience

Information cascade (project leaders, change leaders, managers...) Lots of support and communication during hard/confusing time

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And Now, a Word From Our Sponsor...

Importance of Sponsors

- Actively and visibly participate throughout the project
- Build a coalition of sponsorship with peers and managers
- Communicate directly with employees





Helping Individuals and Teams

Influencer: The New Science of Leading Change

- People will engage with change if they perceive their behaviors will be successful or at the very least supported until they can negotiate the change independently
- People will willingly make changes if they feel like sponsors and leaders have their backs and will help them succeed.



Who is the Change Leader?

The person in charge?

SOMETIMES

The Sponsor?

SOMETIMES

Managers and supervisors?

ALWAYS

Team members?

SOMETIMES



Change Leaders Are...

Change Leaders are...

- Communicators
- <u>L</u>iaisons
- Advocates
- Resistance Managers
- **C**oaches

Current Transition Future State State State







Sponsor and Leader Participation and Communication ——





Sponsor and Leader Participation and Communication Transition Current **Future** State State State Ability Desire Knowledge Reinforcement Awareness Communicate



Transparency

"The two best friends of good execution are simplicity and transparency."

-- Chris McChesney Global Practice Leader of Execution for Franklin Covey

"I told him that, if asked about it tonight, he should --- if only because it's the easiest thing to remember --- tell the truth."

-- Toby Ziegler as written by Aaron Sorkin The West Wing, In the Shadow of Two Gunmen



No communication



Absence of information



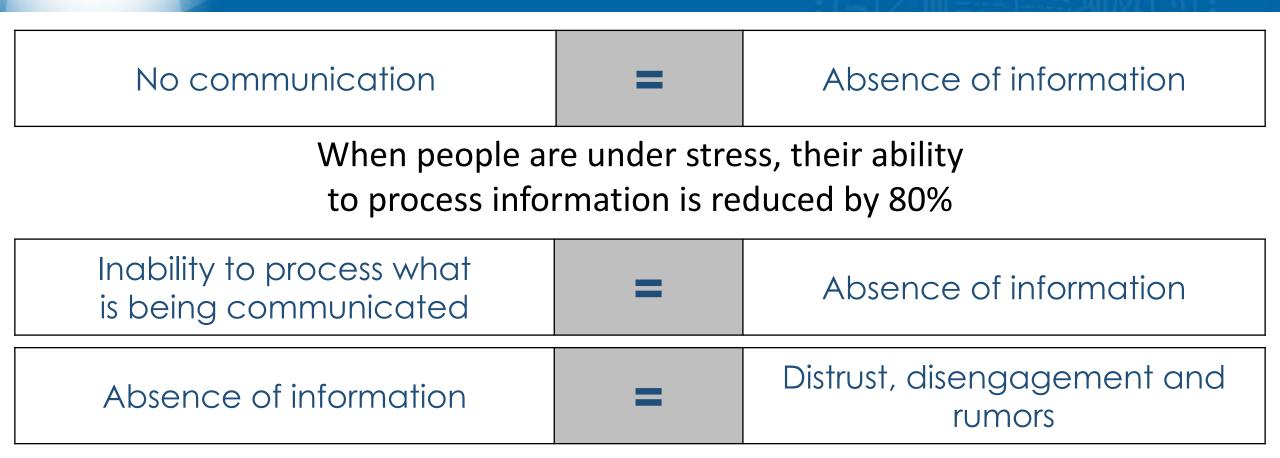
No communication



Absence of information

When people are under stress, their ability to process information is reduced by 80%





No communication	=	Absence of information				
When people are under stress, their ability to process information is reduced by 80%						
Inability to process what is being communicated		Absence of information				
Absence of information	Distrust, disengagement and rumors					
Distrust, disengagement, rumors	=	Distracts from work and jeopardizes the success of the change				



Communication Guidelines

As much, as soon, as often as possible

Control the news cycle

The right format, from the right person, in the right setting

- Consider the specific needs of each unit/person impacted by the change
- Sponsor as messenger is best; Leader communication is critical
- Do not deliver serious/weighty information in an email or large group meeting

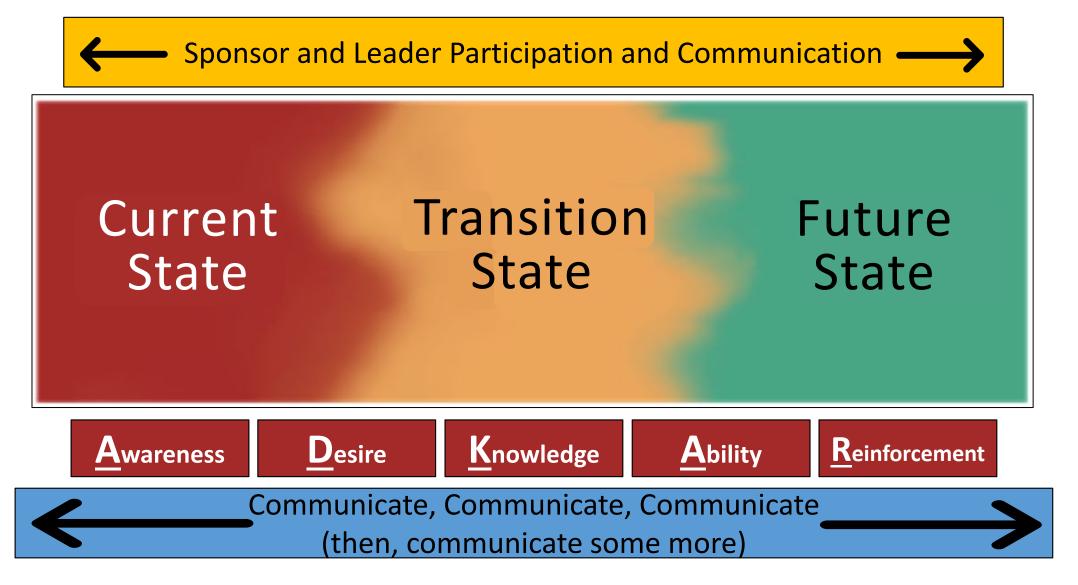
Clear, consistent, and kind

Mix it up

Vary the way you communicate (email, visualization, meeting)



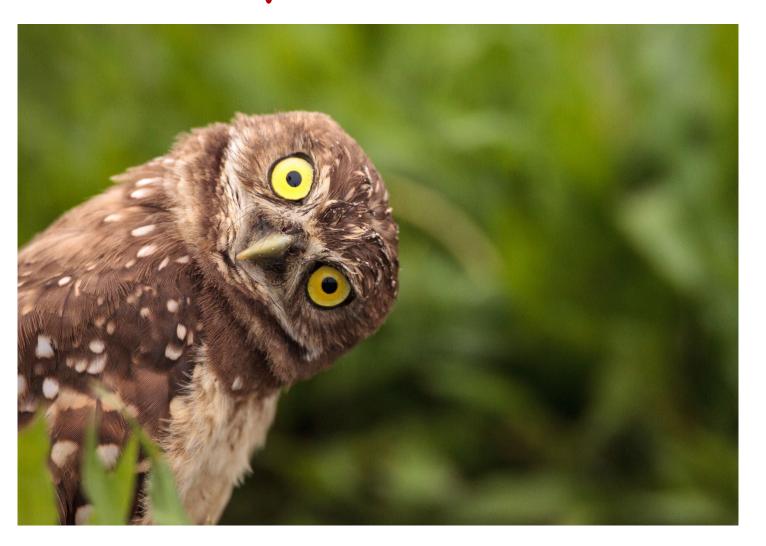
The Whole Picture



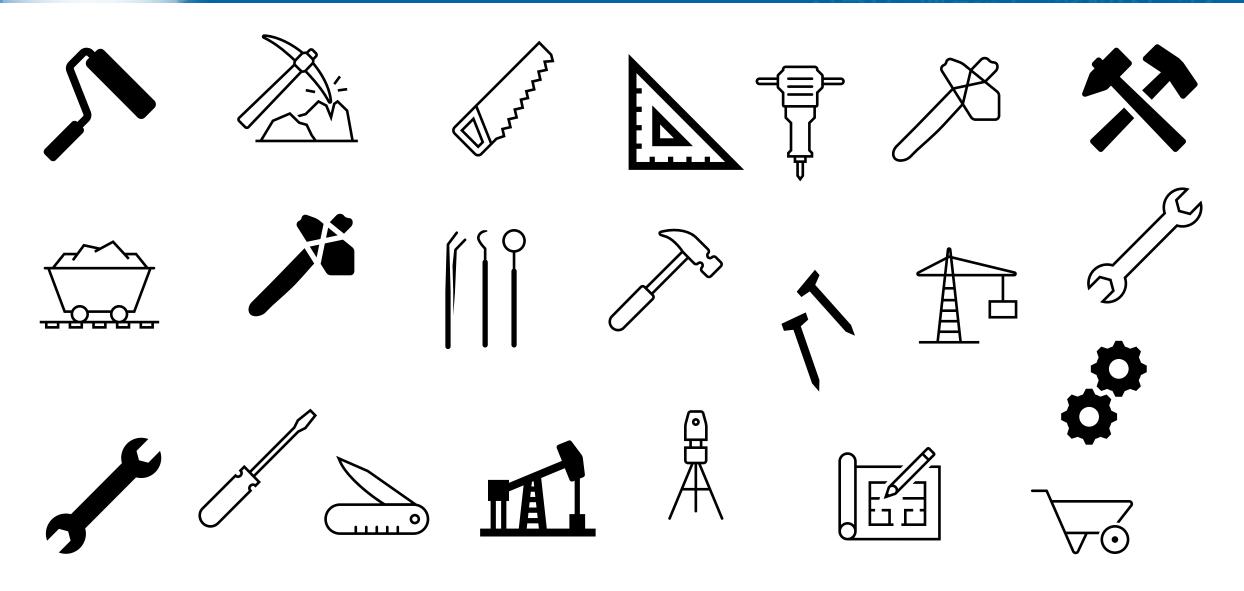
Question Beak



Question Beak



Can We Get to the Tools Already?



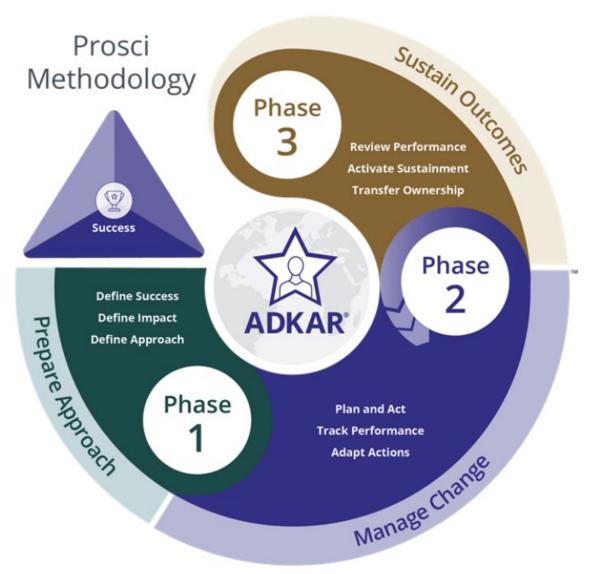


Rule of Three



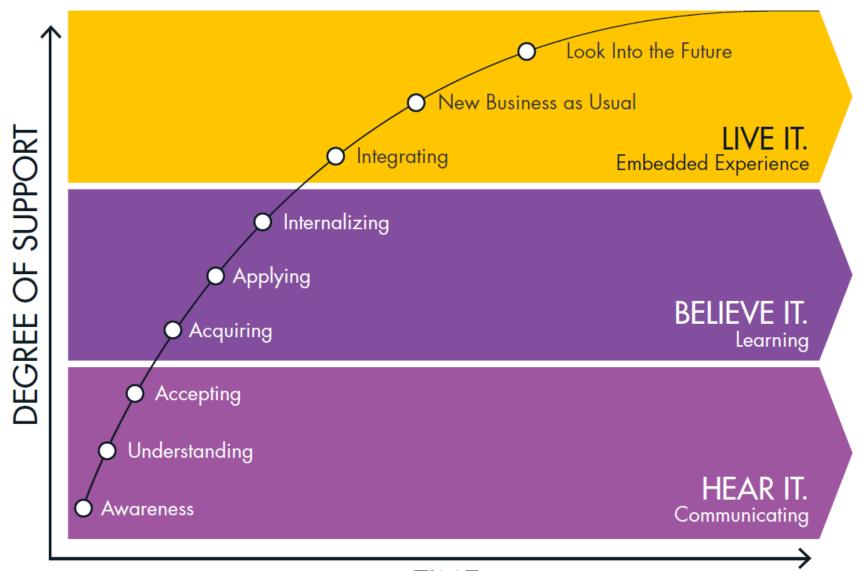


Prosci: 3-Phase Process





XPLANE: Hear It, Believe It, Live It





Leading Change Through People



Prepare, Manage, Reinforce





Prepare, Manage, Reinforce





Prepare, Manage, Reinforce



Prepare	Consider		
<u>A</u> wareness / <u>D</u> esire			
What is changing and when?	 Aspects: roles, location, mindset/behaviors, reporting structures, processes, systems/tools Transitioned or cut-off change 		
Why is the change happening?	Business case for the change / Why now?Transparency builds trust		
What will success look like?	 Quantitively – log-ins, disuse of old system, etc. Qualitative 		
Who is impacted by this change? Stakeholders: your staff, departments, units you serve or interact with (students, faculty, alumnidents) donors, staff, vendors, facilities, etc.)			
How big is the change?	 Minor adjustment vs major shift Consider the impact for each stakeholder 		
Start communicating (and listening)	 Acknowledge and begin communicating about the change as soon as possible 		

To Do

Confirm Sponsor

Form Change Team

- □ Project Leader
- □ Communications
- □ Area Leaders

Agree On

- □ Case for Change
- ☐ Change Objectives
- □ Success Measures
- ☐ Communications Plan
- StakeholderRegistry

Sponsor /
Leadership
Engagement

Communication

D



STEP 1 - Prepare					
Agree on: Case f		ange Team: Project l		ications, Area Leaders s, Communications Plan,	Stakeholder Registry
Date:	Change Project:			Project Leader:	
Sponsor:					Change Leader:
Inderstand the Change Goal: Articulate the change and w	hy it is needed. Id	entify stakeholders			
What is changing and whe	en?				
Why is the change happer	ning? /busine	ss need, case for chi	ange/		
What will success look lik	ke?				
Who is Impacted by this o	:hange? (list E	pelow/			
Stakeholder Areas/Work Units:					
Stakeholder Individuals:					
mpacrted stakeholders in other areaws;					
Others:					
Inderstand the Impact Goal: Understand the specific cha	inges and their m	agnitude for each stake	holder		
		What is Changing?		How Big is This Change?	
List each stakeholder (from above) change: roles, locatil		of each stakeholders.L.chsider aspects of ion, mindset/behaviors, reporting structures, histories. Will it be a transitioned or out-off change?		Impact of the change: 1 = Minor; 2 = Moderate; 3 = Major	
Start Communicating and Goal: Decide on format for ackno	_	mmunicating initial info	rmation about the o	change	
Message	Audience		Format		From
Determine main points of the change	e Should all stakeholders receive initial messages?		What format will the message take (email, meeting, etc.)		Who will deliver the message?
Step 1. Prepare	Step 2. Ma	nage Step 3.	Reinforce	Lessons Learned	- Optional (+)

Manage	Consider		
K nowledge / A bility			
What trainings are needed?	 New/enhanced skills? Consider each stakeholder (group trainings, individual trainings, documentation) Schedule and hold trainings 		
Where will there be resistance?	 Consider each stakeholder (reluctance to use new tools; lack of participation; lack of trust) 		
How will resistance be mitigated ?	 Adjustments to trainings More detailed communications (smaller group meetings, one-on-ones) Increased transparency 		
Tailored communications plan	 Appropriate for the message (big meeting vs. small or one-on-one) Appropriate for the stakeholders Specific and often 		
Communicate, listen, and adjust	 Check in with staff Monitor and mitigate resistance Modify communications 		

To Do

- □ Involve Leaders/ Champions
- ☐ Schedule & Hold Trainings
- DocumentResistance &Mitigation Plans
- ConfirmCommunicationsPlan
- □ Communicate & Listen (email, meetings, info sessions)
- □ Adjust as Needed

Sponsor /
Leadership
Engagement
----Communication

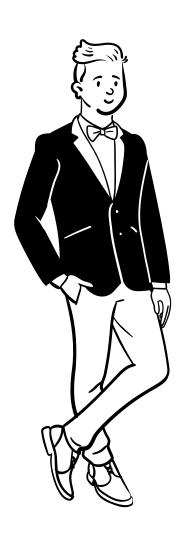
STEP 2 - Manage TO DO -- Involve Leaders/Champions -- Schedule & Hold Trainings -- Document Resistance & Mitigation Plans -- Adjust as Needed -- Communicate & Listen -- Adjust as Needed **Change Project:** Date: Leader: Sponsor: Change Leader: What Trainings Are Needed? Who Needs Training What is Changing? **Due Date Training Resource** Training? Coordinator who will schedule When must What newlenhanced skills are List each unit or How will the training be conducted? the training and the training stakeholder who needed for new processes, List the resource and training contact. ensure it is: be needs to be trained systems, tools, equipments? Resistance and Mitigation **Anticipated Resistance** Mitigation Plans What action(s) should be taken to mitigate specific resistance? List stakeholders and anticipated resistance (ex. adjustments to trainings, more detailed communications, increased lex, reluctance/fear of new tech, lack of trust (transparency) Tailor Communications (or use separate Communications Plan template) Goal: To plan for timely and relevant communications with all stakeholders to ensure stakeholders' desire to support and participate in the change. Note: Depending on the level and scope of the change consider coordinating with school/unit communications team prior to creating a communications plan to ensure messaging is coordinated with campus and senior leadership in the school/unit. Timing Message Audience Messenger Method (Due Date) How should the message Who should be delivered? Tip: High When should the message What needs to be What stakeholders need to hear the deliver the stakes messages are best be delivered? communicated? message? message? delivered in-person (or zoom) Step 1. Prepare Step 2. Manage Step 3. Reinforce Lessons Learned - Optional (±) 1



Homework, Homework, Gimmie a Break!

- Think of a change scenario (past, future)
- Go through Step 1 Prepare and Step 2 Manage of the Change Management Plan
- Jot down your answers and thoughts
- What else should be considered?/What's missing from the guide?
- We will talk through them next week

Contact Information



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MS Teams

Appendix

Prosci Methodology

https://www.prosci.com/resources/articles/prosci-methodology

Prosci ADKAR

https://www.prosci.com/methodology/adkar

XPLANE

https://xplane.com/