

# Primary Care Services

**Employee Guide** 







# Welcome to UCI Health

Thank you for trusting us with your healthcare. It is our privilege to care for you and your family.

UCI Health has exceptional primary care doctors, and more than 500 world-renowned specialists who deliver a higher level of care and treat even the most complex conditions. Teams of caring doctors, nurses and other health providers come together to share our knowledge and provide you and your family with a top-notch healthcare experience. You can count on us to provide innovative and compassionate healthcare for many years to come.

When you choose a UCI Health doctor, you are choosing UCI University Physicians & Surgeons Medical Group, formerly known as UC Irvine Health Medical Group and UC Irvine Health Affiliated Physicians.

For more information about how to choose a UCI Health physician, visit ucihealth.org/choose or call 844-310-9750.



# **Locations**

UCI Health Family Health Center — Anaheim 2441 W. La Palma Ave.
Anaheim, CA 92801

Phone: 657-282-6356

UCI Health Family Health Center — Santa Ana 800 N. Main St. Santa Ana, CA 92701 Phone: 657-282-6355

UCI Health Gottschalk Medical Plaza 1 Medical Plaza Drive Irvine, CA 92697

Phone: 949-824-8600

UCI Health — Laguna Hills 23961 Calle De La Magdalena Suite 200 Laguna Hills, CA 92653 Phone: 949-238-4100

UCI Health — Newport Beach MacArthur 4000 MacArthur Blvd., Suite 110 Newport Beach, CA 92660 Phone: 949-445-8768

UCI Health — Orange Main Street 293 S. Main St., Suite 200 Orange, CA 92868 Phone: 714-838-8848 UCI Health Primary Care — Newport 1640 Newport Blvd., Suite 300 Costa Mesa, CA 92627 Phone: 949-386-5101

UCI Health SeniorHealth Center 101 The City Drive South Pavilion 4, Building 25 Orange, CA 92868 Phone: 714-456-7007

UCI Health — Tustin 1451 Irvine Blvd. Tustin, CA 92780 Phone: 714-838-8878

UCI Health — Yorba Linda 18637 Yorba Linda Blvd. Yorba Linda, CA 92886 Phone: 714-790-8600

UCI Medical Center — Pavilion 3 101 The City Drive South Pavilion 3, Building 29 Orange, CA 92868 Phone: 714-456-7016

> ucihealth.org/choose 844-310-9750



# **How to Choose UCI Health**

As you consider your healthcare options, make sure you choose a medical plan that includes the physicians of UCI Health. UCI Health physicians participate in the following UC plans:

- UC Blue & Gold HMO
- UC Care (PPO)
- UC Health Savings Plan (PPO)
- Core

#### Health Net Blue & Gold

As an HMO, UC Blue & Gold HMO, administered by Health Net, asks its members to choose one primary care physician to direct and manage their care. Members are asked to select a physician at the time of enrollment, but can change physicians during the year if needed.

There is one UCI Health medical group available to employees under UC Blue & Gold HMO:

#### **UCI University Physicians & Surgeons**

- Locations in Anaheim, Costa Mesa, Irvine, Laguna Hills, Newport Beach, Orange, Santa Ana, Tustin, Yorba Linda
- Same-day and telemedicine appointments available.
- Walk-in and after-hours care at some of our locations no appointment necessary.

#### **PPO Plans**

UC Care, University of California Health Savings Plan and University of California CORE Plan are PPO plans. You are not required to select a primary care physician under these plans.

For more information about how to choose UCI Health, call 844-310-9750. For information about your employee health benefits, visit ucnet.universityofcalifornia.edu

# **UCI Health Family Health Center — Anaheim**

#### Location

2441 W. La Palma Ave. Suite 100 Anaheim, CA 92801

#### **Phone**

657-282-6356

#### Fax

714-535-5407

#### **Hours**

Monday-Friday 8 a.m.-5 p.m.

#### **Services**

- · Family medicine
- OBGYN
- Pediatrics
- Same-day appointments
- Specialty care onsite
- Telemedicine appointments



Amy H. Cheng, MD Pediatrics Languages spoken: English Clinical interests: General pediatrics



Prajakta Deshpande, MD Family medicine Languages spoken: English Clinical interests: Sleep health, longitudinal patient care



Dylan R. Hanami, MD Family medicine Languages spoken: English, Spanish Clinical interests: LGBTQIA+ care, gender affirming care, reproductive health, substance use disorder



Fred Malkin, MD Pediatrics Language spoken: English Clinical interests: Pediatric health, pediatric infections, pediatric medicine



Tan Nguyen, MD Family medicine Languages spoken: English, Vietnamese Clinical interests: Asthma in Vietnamese-American children, care for underserved communities, humanism in medicine



Leticia Oliveros, MD Language spoken: English, Spanish Clinical interests: General pediatrics, asthma



Betzy K. Salcedo, MD Languages spoken: English, Spanish Clinical interests: Women's health, care for Latinx population



Rebecca Sauer, MD **OBGYN** Languages spoken: English Clinical interests: abnormal uterine bleeding, fibroids, menopausal symptoms, hormone replacement therapy, contraception

# **UCI Health Family Health Center — Santa Ana**

#### Location

800 N. Main St. Santa Ana, CA 92701

#### **Phone**

657-282-6355

#### Fax

714-973-2825

#### **Hours**

Monday and Thursday 7:30 a.m.-7:30 p.m.

Tuesday, Wednesday, Friday 7:30 a.m.-5 p.m.

Walk-in Care Monday-Saturday 8 a.m.-8 p.m.

\* Pediatrics evening clinic available. Please contact us for more information.

#### **Services**

- Dental care
- Family medicine
- Lab
- Pediatrics
- Same-day appointments
- Specialty care onsite
- Telemedicine appointments
- Walk-in care
- Women's health



Pei Lin N. Chang, MD Languages spoken: English Clinical interests: General pediatrics



Melitza Cobham-Browne, MD Languages spoken: English, Spanish Clinical interests: General pediatrics, patient education



Emily E. Dow, MD Family medicine Languages spoken: English, Korean, Spanish Clinical interests: Adolescent health, healthcare in developing countries, women's health, care for underserved communities



Elise Hidalgo, MD Pediatrics Languages spoken: English, Spanish Clinical interests: General pediatrics, pediatric environmental health



Alex J. Kipp, MD Family medicine Languages spoken: English Clinical interests: Prenatal care, substance use disorder, integrative health



Matteo Leveroni, MD Family medicine Languages spoken: English, Spanish, Italian Clinical interests: Adult and maternity care, pediatrics, addiction medicine, management of chronic diseases



Penny R. Murata, MD Languages spoken: English, Spanish Clinical interests: General pediatrics



Varalakshmi Y. Reddy, MD Languages spoken: English, Hindi, Spanish, Telegu Clinical interests: General pediatrics



Candice E. Taylor, MD Pediatrics Languages spoken: English, Spanish Clinical interests: General pediatrics



Charles P. Vega, MD Family medicine Languages spoken: English, Spanish Clinical interest: Underserved healthcare

# **UCI Health Gottschalk Medical Plaza**

#### Location

1 Medical Plaza Drive Irvine, CA 92697

#### **Phone**

949-824-8600

#### Fax

**Pediatrics** 949-824-8336

Family medicine 949-824-2828

Internal medicine 949-824-1589

#### Hours

Medical services Monday-Friday 8 a.m.-5 p.m.

#### Lab

Monday-Friday 7:30 a.m.-5 p.m.

#### **Imaging**

Monday-Friday 8:30 a.m.-5 p.m.

#### Walk-in Care

Monday-Friday 8 a.m.-8 p.m. Saturday 9 a.m.-1 p.m.

#### **Services**

- Family medicine
- Imaging
- Internal medicine
- Lab
- Pediatrics
- Same-day appointments
- Specialty care onsite
- Telemedicine appointments
- Walk-in care

Please note hours are subject to change. Contact our office to confirm.



Pei Lin N. Chang, MD Languages spoken: English Clinical interests: Pediatrics, preventive and public health, baby and child wellness



Brian Y. Kim, MD, MS Family medicine, Sports medicine Languages spoken: English, Spanish Clinical interests: Osteoarthritis, adolescent health, bone stress injury, sports injuries



Chloe S. Courchesne, MD Family medicine Languages spoken: English Clinical interests: Low-risk perinatal care, women's health, primary care in-office procedures



Christopher Kroner, MD Family medicine, Sports medicine Languages spoken: English Clinical interests: Family healthcare, sports injuries



Sheldon Greenfield, MD Internal medicine Languages spoken: English Clinical interests: Cardiovascular disease, preventive and public health



Andrew Nobe, MD Family medicine, Sports medicine Languages spoken: English Clinical interests: Musculoskeletal care, non-operative orthopedics and sports medicine, ultrasound-guided joint and tissue injections

### **UCI Health Gottschalk Medical Plaza**



Andrew Reikes, MD
Internal medicine
Languages spoken: English
Clinical interests: Diabetes and metabolism,
osteoporosis, endocrine diseases



Simin Torabzadeh, MD
Geriatrics, Internal medicine
Languages spoken: English, Farsi
Clinical interests: Dementia, osteoporosis,
nursing home care



Zainab Saadi, MD
Internal medicine
Languages spoken: English
Clinical interests: Patient behavior, controlling
myocardial infarction, cerebrovascular accident risk
factors, diabetes, hypertension, dyslipidemia, smoking,
and obesity



Katarina Veskovic, MD
Internal medicine, Bariatric medicine
Languages spoken: English
Clinical interests: Internal medicine, obesity
and bariatric medicine, osteoporosis



Bobby Sasson, MD, MPH Internal medicine Languages spoken: English, Hindi Clinical interests: Women's health, diabetes, domestic violence prevention



Baotran N. Vo, MD
Family medicine
Languages spoken: English, Vietnamese
Clinical interests: Low-risk perinatal care, women's
health, primary care in-office procedures



Candice E. Taylor, MD, MPH
Pediatrics
Languages spoken: English
Clinical interests: Pediatrics, obesity and weight
management, baby and child wellness

# UCI Health — Laguna Hills

#### Location

23961 Calle De La Magdalena, Suite 200 Laguna Hills, CA 92653

#### **Phone**

949-238-4100

#### Fax

866-250-6879

#### **Hours**

Medical services Monday-Friday 8 a.m.-5 p.m.

#### **Infusion Center**

Monday-Friday 8 a.m.-5 p.m.

#### Lab

Monday-Friday 8 a.m.-4 p.m.

Closed on weekends and holidays

#### **Services**

- Infusion services
- Internal medicine
- Lab
- Same-day appointments
- Specialty care on-site
- Telemedicine appointments



Charles S. Blumberg, MD Internal medicine Languages spoken: English, French Clinical interests: Preventive medicine, wellness, nutrition, fasting, sleep disorders



Shane V. Sheahan, MD Internal medicine Languages spoken: English Clinical interests: Internal medicine, preventive medicine, LBGTQ champion

# **UCI Health — Newport Beach MacArthur**

#### Location

4000 MacArthur Blvd., Suite 110 Newport Beach, CA 92660

#### **Phone**

949-445-8768

#### **Fax**

866-251-0713

#### **Hours**

#### Medical services:

Monday-Friday 8 a.m.-5 p.m.

Closed on weekends and holidays

Please note hours are subject to change. Contact our office to confirm.

#### **Services**

- Family medicine
- Internal medicine
- Lab
- Same-day appointments
- Telemedicine appointments



Jaclyn Leong, DO Internal Medicine Languages spoken: English Clinical interests: Internal medicine



Lauri B. Seymour, MD Internal medicine Languages spoken: English Clinical interests: Women's health, diabetes, migraine management



Shannon Melcher, MD Family medicine Languages spoken: English Clinical interests: Adolescent medicine, women's health, minimally invasive procedures



Vanessa Wu, MD Family medicine Languages spoken: English, Spanish, Mandarin Clinical interests: Women's health, preventative health

# **UCI Health — Orange Main Street**

#### Location

293 S. Main St. Suite 200 Orange, CA 92868

#### **Phone**

714-838-8848

#### Fax

714-838-8861

#### **Hours**

Medical services Monday-Friday 8 a.m.-5 p.m.

Closed on weekends and holidays

#### **Services**

- · Family medicine
- Geriatrics
- Internal medicine
- Lab
- Same-day appointments
- Telemedicine appointments



Regan Chan, DO Family medicine Languages spoken: English, Spanish Clinical interests: Preventative health and wellness for all ages, diabetes, hypertension



Kenneth K. Tram, MD Internal medicine, Geriatrics Languages spoken: English, Vietnamese Clinical interests: Chronic diseases, memory loss, dementia



Samuel C. Lin, MD Family medicine Languages spoken: English, Spanish Clinical interests: Adult and adolescent medicine, diabetes, hyperlipidemia



Laetitia Truong, MD Family medicine Languages spoken: English, French, Spanish Clinical interests: Preventative care, women's health, chronic disease management

# **UCI Health Primary Care — Newport**

#### Location

1640 Newport Blvd., Suite 300 Costa Mesa, CA 92627

#### **Phone**

949-386-5101

#### Fax

833-623-5065

#### **Hours**

#### Medical services:

Monday-Friday 8 a.m.-5 p.m.

#### Lab

Monday-Friday, 7:30 a.m.-4 p.m. Closed for lunch, noon-1 p.m.

Closed on weekends and holidays

#### **Services**

- Family medicine
- Imaging
- Internal medicine
- Lab
- Same-day care
- Specialty care onsite
- Telemedicine appointments



Jeffrey G. Dyo, MD Internal medicine Languages spoken: English Clinical interests: Internal medicine, preventive medicine



Jaclyn Leong, DO Internal Medicine Languages spoken: English Clinical interests: Internal medicine



Lauri B. Seymour, MD Internal medicine Languages spoken: English Clinical interests: Women's health, diabetes, migraine management



Vanessa Wu, MD Family medicine Languages spoken: English, Spanish, Mandarin Clinical interests: Women's health, preventative health

# **UCI Health SeniorHealth Center**

#### Location

**UCI Medical Center** 101 The City Drive South Pavilion 4, Building 25B Orange, CA 92868

#### **Phone**

714-456-7007

#### **Fax**

714-456-2890

#### **Hours**

Medical services Monday-Friday 8 a.m.-5 p.m.

#### Lab

Monday-Friday 6:30 a.m.-5 p.m. Saturday 8 a.m.-noon

#### **Imaging**

Monday-Friday 8 a.m.-5 p.m.

#### **Services**

- · Family medicine
- Geriatrics
- Imaging
- Lab
- Specialty care onsite
- Telemedicine appointments

# **Physicians**



Elham Arghami, MD Geriatrics, Family medicine Languages spoken: English, Farsi Clinical interests: Polypharmacy, pressure ulcers and

chronic wound care, memory impairment



Chinh Le, MD Geriatrics, Internal medicine Languages spoken: English, Vietnamese Clinical interests: Chronic disease management, wound care



Edna E. Biddy, MD Geriatrics, Family medicine Languages spoken: English, Spanish Clinical interests: Chronic disease management, gait instability



Manisha Perera, MD Geriatrics, Internal medicine Languages spoken: English, Sinhala Clinical interests: Healthy aging, chronic disease management, dementia



Lisa M. Gibbs, MD Geriatrics, Family medicine Languages spoken: English Clinical interests: Healthy aging, elder abuse and neglect, dementia



Sonia Sehgal, MD Geriatrics, Internal medicine Languages spoken: English, Hindi Clinical interests: Healthy aging, lifestyle medicine, preventive health



Katayoun Khalighi, MD Geriatrics, Family medicine Languages spoken: English, Farsi Clinical interests: Geriatric oncology, dementia



Steven Tam, MD Geriatrics, Internal medicine Languages spoken: English Clinical interests: Healthy aging, geriatric neurology, memory changes in aging

# **UCI Health — Tustin**

#### Location

1451 Irvine Blvd. Tustin, CA 92780

#### **Phone**

714-838-8878

#### Fax

714-838-8988

#### **Hours**

#### Medical services

Monday-Friday 8 a.m.-5 p.m.

#### Lab

Monday-Friday 7:30 a.m-4 p.m. Closed for lunch, 12:30–1:30 p.m.

#### **Imaging**

Monday-Friday 8 a.m.-5 p.m.

#### Walk-in Care:

Monday-Friday 8 a.m.-9 p.m. Saturday-Sunday, Holidays 9 a.m.-5 p.m.

Closed for lunch, noon-1 p.m.

#### **Services**

- After-hours care
- Family medicine
- Imaging
- Internal medicine
- Lab
- Pediatrics
- Same-day appointments
- Specialty care onsite
- Telemedicine appointments
- Walk-in care

Please note hours are subject to change. Contact our office to confirm.

# **Physicians**



Thomas Azeizat, MD Family medicine Languages spoken: English, Arabic Clinical interests: Hypertension,



Stanley Cho, MD Family medicine Languages spoken: English, Spanish

Clinical interests: Diabetes, heart disease, hyperlipidemia



Karen Babel, MD

hyperlipidemia, diabetes

Family medicine Languages Spoken: English, Spanish Clinical interests: Women's health, diabetes, pediatrics, adolescent medicine



Arlene Ing, DO

Family medicine Languages spoken: English, Indonesian Clinical interests: Adult and adolescent medicine, preventive care, women's health



Stephen Chang, MD

Family medicine Languages spoken: English Clinical interests: Adolescent medicine, preventive health



Maria N. Kim, MD

Family medicine Languages spoken: English, Korean Clinical interests: Adolescent medicine. women's health, preventive health

### **UCI Health — Tustin**



Susie Kim, MD
Family medicine
Languages spoken: English
Clinical interests: Adolescent medicine,
women's health, preventive health



Shannon Melcher, MD
Family medicine
Languages spoken: English
Clinical interests: Adolescent medicine, women's
health, minimally invasive procedures



Long-Co Nguyen, MD Internal medicine Languages spoken: English, Vietnamese Clinical interests: Chronic disease management, hypertension, women's health, COVID-19 recovery



Melissa J. Rosin, MD
Pediatrics
Languages spoken: English, Spanish
Clinical interests: Allergies, asthma, pediatric and adolescent care

# **UCI Health — Yorba Linda**

#### Location

18637 Yorba Linda Blvd. Yorba Linda, CA 92886

#### **Phone**

714-790-8600

#### Fax

714-779-8011

#### **Hours**

#### Medical services:

Monday-Friday 8 a.m.-5 p.m.

#### Lab:

Monday-Friday 7:30 a.m.-4 p.m. Closed for lunch, noon-1 p.m.

#### Imaging:

Monday-Friday 8 a.m.-4 p.m. Closed for lunch, noon-1 p.m.

Closed weekends and holidays

#### **Services**

- · Family medicine
- Infusion center
- Internal medicine
- Imaging
- Lab
- Pediatrics
- Same-day care
- Specialty care onsite
- Telemedicine appointments



Robert S. Doomun, DO Family medicine Languages spoken: English Clinical interests: Family medicine



Nadia Nunes Cavalcante Parr, MD Internal medicine Languages spoken: English, Portuguese Clinical interests: Internal medicine, weight management



Roxann S. Engle, DO Family medicine Languages spoken: English, Spanish Clinical interests: Women's health, dermatology



Menezha Rahimi, MD Family medicine Languages spoken: English, Farsi Clinical interests: Preventive care



David F. Jesse, MD Family medicine, Pediatrics Languages spoken: English, Spanish Clinical interests: Family medicine, sports medicine

# UCI Medical Center — Pavilion 3

#### Location

UCI Medical Center 101 The City Drive South Pavilion 3, Building 29 Orange, CA 92868

#### **Phone**

714-456-7016

#### **Fax**

714-456-2949

#### **Hours**

Medical services Monday-Friday 8 a.m.-5 p.m.

#### Lab

Monday-Friday 6:30 a.m.-5 p.m. Saturday 8 a.m.-noon

#### **Imaging**

Monday-Friday 8 a.m.-5 p.m.

#### Walk-in Care

Monday-Friday 8-11:40 a.m. and 1-4:40 p.m.

Closed on weekends and holidays

#### **Services**

- Imaging
- Internal medicine
- Lab
- Same-day appointments
- Specialty care on-site
- Telemedicine appointments
- Walk-in care

Please note hours are subject to change. Contact our office to confirm.



Emilie Chow, MD Internal medicine, pediatrics Languages spoken: English, Mandarin Clinical interests: Infectious disease, travel medicine



Maria Victoria Peralta, MD Internal medicine Languages spoken: English Clinical interests: Transition from pediatric to adult medicine, LGBTQ+ health, women's health



Bavani Nadeswaran, MD, MBBS Internal medicine Languages spoken: English, Tamil Clinical interests: Hypertension disease management, weight management



Maryam Rahimi, MD Internal medicine Languages spoken: English, Farsi Clinical interests: Chronic disease management, women's health, cancer screening



Erin G. Newman, MD Internal medicine, pediatrics Languages spoken: English Clinical interest: Pediatrics



Martha G. Sosa-Johnson, MD Internal medicine Languages spoken: English, Spanish Clinical interests: Diabetes, women's health



Lan Thi-Xuan Nguyen, MD Internal medicine Languages spoken: English, French, Vietnamese Clinical interests: Cancer prevention, diabetes, women's health